



# JANUARY | 2020

## EAST KNOX ELEMENTARY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	31	1 <i>Happy New Year!</i>	2 Chicken strips Scalloped potatoes Peach cups Milk	3 Pizza Fresh veggies Fresh fruit Milk
6 Chicken patty sandwich Green beans Tropical fruit Milk	7 Frito pie Corn Pineapple Milk	8 Cheeseburger on bun Pickles Sweet potato fries Applesauce Milk	9 Pancakes Hash browns Sausage Mandarin oranges Milk	10 French bread pizza Fresh veggies Mixed fruit Milk
13 Ham Mashed potatoes Gravy Dinner roll Peaches Milk	14 Chili cheese nachos Steamed broccoli Pears Milk	15 Hot dogs on bun Baked beans Fruit cocktail Milk	16 Pizza Fresh fruit Fresh veggies Milk	17 
20 	21 Chicken nuggets Green beans Tropical fruit Milk	22 Salisbury steak Mashed potatoes Gravy Dinner roll Pineapple Milk	23 Mini corn dogs Corn Peaches Milk	24 Pizza Mixed fruit Fresh veggies Milk
27 Grilled cheese sandwich Tomato soup Applesauce Milk	28 Walking taco Corn Mandarin oranges Milk	29 Chicken sandwich Green beans Fruit cocktail Milk	30 Spaghetti Meatballs Garlic bread Salad Peaches Milk	31 

**News**  
BREAKFAST IS  
FREE TO ALL  
STUDENTS!!

OFFERED DAILY:

Pb & j and  
cheesestick

Bulldog lunchable

Chef salad with  
croutons

Veggie bar

Menu is subject to  
change